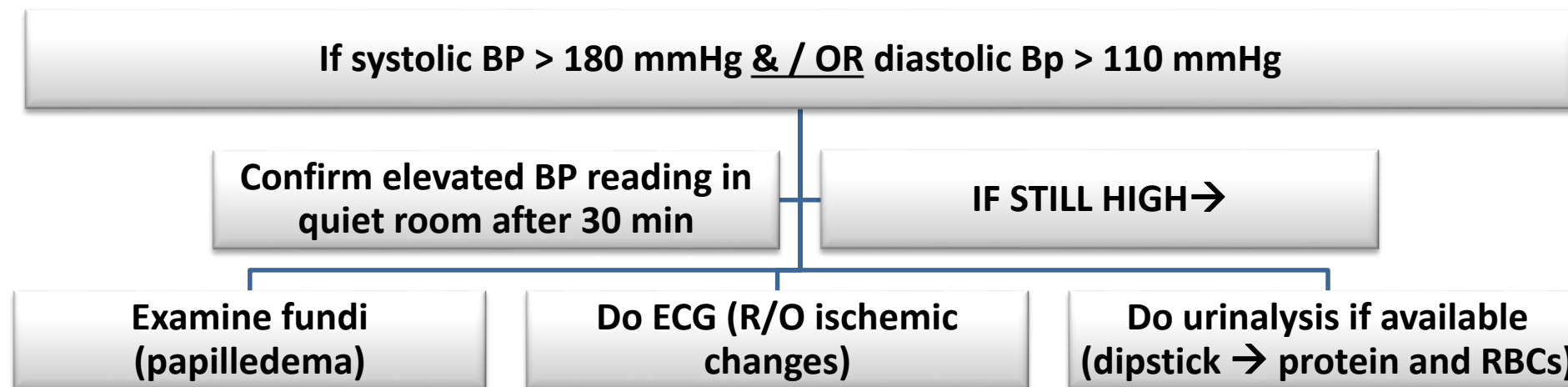


HYPERTENSIVE EMERGENCY



HYPERTENSIVE EMERGENCY

If symptomatic with signs of end organ damage:

- Confusion
- Headache or blurred vision
- Increasing chest pain or SOB
- Swelling or edema

1. **Open IV access**
2. **Refer urgently to hospital**

HYPERTENSIVE URGENCY

If asymptomatic and no signs of end organ damage

If already on hypertensive medications → Check compliance then restart or optimize dose of Rx.

If not on hypertensive medication, consider:

- **Oral captopril 6.25 mg or 12.5 mg** avoid if patient is **volume overloaded** (no edema, pounding pulse, tachycardia, respiratory crackles) (Monitor the patient for drop of BP of 20 to 30 mmHg)
- **Or directly** Start a **long acting antihypertensive** medication (according to guidelines) and follow up the patient. **(BETTER OPTION)**

Urgent follow-up appointment for BP in few day