

# Croup

Severity	Symptoms/signs	Management
<b>Mild</b>	Seal-like Barking <b>cough</b>	Give one of the following:  <ul style="list-style-type: none"> <li>- Dexamethasone → PO 0.15 mg/kg single dose</li> <li><b>OR</b></li> <li>- Prednisolone → PO 1 mg/kg single dose</li> <li><b>OR</b></li> <li>- Neb Budesonide → Nebulized 2 mg single dose</li> </ul>
<b>Moderate</b>	Seal like barking <b>cough</b> <b>Stridor</b> Sternal <b>recession</b> at rest	
<b>Severe</b>	Same as Moderate with <b>Agitation and lethargy</b>	<ol style="list-style-type: none"> <li><b>1. Call Ambulance</b></li> <li><b>2. Give Oxygen</b></li> <li><b>3. Give one of the following:</b> <ul style="list-style-type: none"> <li>- Dexamethasone → PO 0.15 mg/kg single dose</li> <li><b>OR</b></li> <li>- Prednisolone → PO 1 mg/kg single dose</li> <li><b>OR</b></li> <li>Neb Budesonide → Nebulized 2 mg single dose</li> </ul> </li> </ol>
<b>Impeding respiratory failure</b>	Sternal/intercostal <b>recession.</b> <b>Asynchronous</b> chest wall and abdominal movement. <b>Fatigue.</b> <b>Pallor or cyanosis.</b> <b>Decreased level of consiouness.</b> <b>Tachycardia.</b> <b>RR &gt; 70</b> breath/min.	