

# Burns

**Check** Airway, Breathing, Circulation, Disability and

**Exposure:** expose the body to look for burns

**Assess affected area (rule of nine)**

**Assess depth of burn: superficial (1<sup>st</sup> degree), partial (2<sup>nd</sup> degree) or full thickness (3<sup>rd</sup> degree)**

**Call ambulance and refer to burn center in:**

- **Partial thickness > 10% or full thickness burn > 5%**
- **Burn in face or hands or genitalia or perineum or major joints**
- **Electrical, chemical and inhalational burns**
- **Burns associated with trauma (fracture)**

**Managements:**

- **Irrigate** with running **cool water**
- Leave **Blisters** intact to **decrease** risk of infection
- **Dressing** with non adhesive gauze padding
- **T.Toxoid** (if last shot >5 years)
- **Analgesia** (paracetamol, NSAIDs)
- Examine dressing after **48 hours** (2<sup>nd</sup> and 3<sup>rd</sup> degree)
- Change Dressing for 2<sup>nd</sup> degree burn **after 3-5 days** in absence of infection
- In case of infection **Antibiotics (Flucloxacillin for 7 days or clarithromycin)** AND **daily dressing** should be given