

Anaphylaxis

Call ambulance

Check:

Airway	open airway (consider intubation if needed)
Breathing	assess effectiveness of ventilation + give O₂ 10L/min
Circulation	check pulse, BP and perfusion, fix large bore iv cannula
Disability	assess consciousness level by GCS
Exposure	check skin changes, facial or lip swelling

Start fluids

0.9% saline for:

Adults: 500ml-1L
in 5-10 min

Children: 20 ml/kg

Give:

1. **IM adrenaline 1:1000** → Anterolateral aspect – middle 1/3 of the thigh
Repeat after 5 min if no improvement
2. **IM or slow IV Hydrocortisone**
3. **IM or slow IV Chlophenamine (Piriton)**

Age	Med	IM adrenaline 1:1000	IM or slow IV Hydrocortisone	IM or slow IV Chlophenamine (Piriton)
> 12 years	0.5 ml	200 mg	10 mg	
6-12 years	0.3 ml	100 mg	5 mg	
6 mon – 6 yr	0.15 ml	50 mg	2.5 mg	
< 6 months		25 mg	250 Mcg/kg	