

Specific learning objectives per year of training

Residency Year-5

By the end of PGR5, residents should expand the previously mentioned competencies, from the level of ability and adequacy to the level of high competency and/or mastery.

Kuwait Family Medicine Competencies	Details
1. Clinical proficiency and medical complexity	1.1 Demonstrate competency in all aspects of consultation including diagnosis and management. 1.2 Recognize and deal with complexities like ambiguity, uncertainty, multiple complaints and comorbidities. 1.3 Record work clearly, accurate and legibly. 1.4 Show competency in managing patient at home during home visit.
2. Communication	2.1 Demonstrate competent communication skills. 2.2 Provide appropriate counseling skills in dealing with patients.
3. Health Promotion	3.1 Provide the appropriate health promotion care considering the needs, potentials and limitations of the community in terms of its' socio-economic characteristics and health features, balancing these issues against available resources. 3.2 Offer continuous, coordinated and comprehensive care on the level of the patients, their families and the community. 3.3 Work as a catalyst for health promotion and prevention by recommending and supporting positive lifestyle changes and appropriate screening programs.
4. Evidence based practice	4.1 Able to appraise trials and guidelines. (Refer to main framework table) 4.2 Develop and maintain the professional performance by applying evidence base medicine principles.
5. Working as a team and leadership	5.1 Maintain and lead collaboration as part of a team to provide a professional and high quality health care 5.2 Actively participate in teaching and education of others (Junior residents, general practitioners ...etc.)

6. Organization management	6.1 Maintain safe practice and apply risk avoidance strategies 6.2 Outline and apply the general principles of administrative management and quality assessment with regard to the latest evidence-based guidelines 6.3 Actively contribute, as an individual and as a member of a team providing care, to the continuous improvement of health care quality and patient safety
7. Personal and professional growth	7.1 Able to set a personal development plan in order to maintain his ongoing learning process so to meet his educational needs 7.2 Preserve high ethical standards within the practice 7.3 Demonstrate competency in applying ethical principles during consultation and during contact with the primary health care team members

Learning /Teaching Opportunities in FMRP

Year of training	Teaching/ learning methods	Courses
PGR5	<ul style="list-style-type: none"> • Independent supervised consultations • Independent self-directed learning. • Direct observed consultations with feedback (Joint consultation log) • Reflection on learning (reflective diaries) • Learning through case analysis (PCD) • Learning through random case selection from the candidate work time sheet (RCA) • Formal tutorials • Clinic and hospital direct observation of procedural skills (DOPS) • Video case analysis. • Small group teaching • Prescribing assessment • Directing Leadership activity • Community Health activities 	<ol style="list-style-type: none"> 1. Emergency course revision 2. Safety & practice management 3. Obesity & nutrition 4. How to run a well-baby clinic 5. AKT online 6. SG teaching: video case analysis

WPBA Requirements for Each Residency Year

Residents should achieve adequate performance in WPBA assessment in order to ensure readiness of the resident to proceed to the next level of training.

Residency year	Rotations and Courses	Reports
PGR5	Attendance of all/ passing 75% of the Rotations and Courses of R5	<p><u>Clinic:</u></p> <p>Minimal required number of teaching session per academic year:</p> <p>9 COTs, 5 CBDs, 30 Joint Consultation, 3 Random case analyses, 5 Problem Case Discussion.</p> <p>1 Reflection feedback academic year</p> <p>1 DOPS per month</p> <p>1 Examination per month</p> <p>2 Tutorials</p> <p>1 Small group teaching sessions (Video sessions)</p> <p>Mid rotation feedback</p> <p>Prescribing Assessment</p> <p>KIMS forms (trainee + tutor+ clinic) evaluation form at the end of rotation</p> <p>Leadership assessment</p> <p>FITER</p>