

## KFMRP Achievements 2018-2023

Academic Year	Achievements
<b>2017/2018</b>	<p>1. 18 out of 27 residents (1 was no show) have passed the Part I exam; and 26 out of 39 residents (3 were no show) have passed the Part II exam</p>
	<p>2. Under the "Train the Trainer" program, we accepted 8 out of 10 candidates as potential trainers for the year 2018/2019</p>
	<p>3. 3 out of 7 potential trainers (2016/2017) who were assessed in Oct. 2018 passed the exam</p>
	<p>4. The Family Medicine Residency Program curriculum, summary and blueprint have been reviewed and updated.</p> <ol style="list-style-type: none"> <li>1. The first update was in May 2018</li> <li>2. The second update was after the IDA visit in October 2018, according to their recommendations</li> </ol>
	<p>1. Regarding trainers reaccreditation portfolio:</p> <ol style="list-style-type: none"> <li>1. 37 out of 39 trainers have submitted their portfolio for this year.</li> <li>2. 2 trainers will not be given accreditation.</li> <li>3. 6 trainers were given 6 months to improve their Portfolio and then resubmit it.</li> <li>4. 31 out of 39 trainers have been accredited</li> </ol>
	<p>2. A new trainer reaccreditation portfolio form was distributed for the academic 2018/2019, to be submitted December 2019</p>

	<p>3. For the first time, 50 residents have been accepted into the Residency program and will start in Oct 2018.</p>
	<p>4. A Logo was selected, and a twitter and an instagram page were started in 2018 (@kfmrp83)</p>
	<p>5. For the first time, a calendar for the Family Medicine Residency Program was done including all activities, meetings, and workshops that are scheduled for the next year 2018/2019</p>
	<p>6. The Work Place Based Assessment (WPBA) committee introduced an awards system to the Family Medicine Residency Program.</p> <ol style="list-style-type: none"> <li>1. This is part of positive reinforcement to give the residents encouragement and keep them motivated.</li> <li>2. The awards will be given annually in January and the nominees will be selected in November/December from the previous academic year.</li> </ol>
	<p>1. Canadian visit – February 2018</p> <ol style="list-style-type: none"> <li>1. The consultation team had been tasked with assessing the current state of the program with respect to the College of Family Physicians of Canada's family medicine standards</li> <li>2. Our Canadian visitors were impressed with the leadership of Dr. Huda Al Duwaisan, Dr. Deena Al Dhubaib, trainers, committees, evaluation</li> </ol>
	<ol style="list-style-type: none"> <li>3. reports of WPBA, all documentations as well as exposure of residents to different hospital fields, clinics and training the trainer</li> <li>4. They gave a full report detailing the visit and the program strengths and weaknesses</li> </ol>
	<p>2. A new hierarchy was established in 2018 with the following newly founded committees:</p> <ol style="list-style-type: none"> <li>1. Scientific committee</li> </ol>

	<ol style="list-style-type: none"> <li>2. Postgraduate committee</li> <li>3. Recruitment Committee</li> <li>4. Quality Assurance Sub-Committee (under the WPBA)</li> </ol>
	<ol style="list-style-type: none"> <li>1. The scientific committee updated the FMRP references in 2018. This was the first update of the list</li> </ol>
	<ol style="list-style-type: none"> <li>2. Scientific committee suggested the following workshops according to the trainers needs: <ol style="list-style-type: none"> <li>1. Reflection Workshop in March 2018</li> <li>2. "Writing the AKT and MCQ exam modules" and "Standard Setting for AKT exam" in Sep 2018</li> </ol> </li> </ol>
	<ol style="list-style-type: none"> <li>1. We introduced new courses regarding safety to the 'One Day Study Course' for the academic year 2018/2019 due to the subject's importance.</li> </ol>
	<ol style="list-style-type: none"> <li>2. General guidelines for death certificate and home visit were done so that each resident knows their job description.</li> </ol>
	<ol style="list-style-type: none"> <li>3. Audit Project was reviewed and the following recommendations were applied: <ol style="list-style-type: none"> <li>1. A unified cover letter for the audit paper.</li> <li>2. Candidates will submit audit papers directly to the WPBA committee, instead of the board director office.</li> </ol> </li> </ol>
	<ol style="list-style-type: none"> <li>3. All audit results will be placed on excel sheets with their corresponding candidates names to ensure easy accessibility of the results.</li> <li>4. A list of recommended audit topics will be annually updated and forwarded to the candidates in each clinical audit study course to ensure the variety of projects.</li> <li>5. A database will be established for all approved audits. A PDF of the approved audits will be saved to the database with an appropriate index system</li> </ol>

	1. Scheduled fields visit to Family Medicine training centers and hospitals were carried out and any center/hospital not meeting the criteria were removed (report available).
	2. The residents of the Family Medicine Training Program had a valid part in both organizing and speaking at the WONCA conference that was held in March 2018
	3. The 3rd family Medicine Review course that was held in May 2018. This course was fully organized and carried out by the residents
	4. The Board Director via the head of faculty provided new computers and printers for the program
	5. New policies were established for ODSC, small group and WPBA, etc. were done to improve quality of work
2018/2019	1. A new website for the FMRP ( <a href="https://kfmrp.com">https://kfmrp.com</a> ) was created in 2019 that gives residents an easy access for any updates to their teaching program and helps with the E-learning experience
	2. E- learning and E-teaching were established in 2019. The access is through the FMRP Website.
	3. We are in the process of establishing electronic files for all
	4. Candidates, we started gathering the data in September 2019
	5. The Program Director visited the UK Royal College of General Practitioners, they have agreed for the accreditation of the program and the body of training. The accreditation to the body of training is a first for the FMRP.
	6. FMRP announced the winners of the 2018 trainee awards. It was a great experience and an achievement for our program. The winners in each category were: <ol style="list-style-type: none"> <li>1. Family Medicine Award for Scholarly Achievement: <ol style="list-style-type: none"> <li>1. Dr. Fay Al-Ajeel R5</li> <li>2. Dr. Dalia Al-Murjan R5</li> <li>3. Dr. Rushaid Al-Rushaid R5</li> </ol> </li> </ol>

	<p><b>2. Best Family Medicine Residents Award:</b></p> <ol style="list-style-type: none"> <li><b>1. Dr. Taiba Al-Hassan R5</b></li> <li><b>2. Dr. Mohammed Sharkawy R4</b></li> <li><b>3. Dr. Hawraa Al-Salman R2</b></li> <li><b>4. Dr. Omar Al-Shammari R2</b></li> </ol>
	<b>1. All trainers will submit their new portfolio in December 2019</b>
	<b>2. Under "Train the Trainer" program, we accepted 8 out of 12 candidates as potential trainers for the year 2019/2020</b>
	<b>3. For the first time, 60 candidates have been accepted into the Residency program and will start in Oct 2019</b>
	<b>4. An E-Learning Committee was established in 2019</b>
	<b>5. We introduced new courses regarding E- learning to the 'One Day Study Course' for the academic year 2019/2020</b>
	<p><b>6. The Scientific Committee suggested the following workshops according to the trainer's needs:</b></p> <ol style="list-style-type: none"> <li><b>1. E-learning capacity building April 10 2019</b></li> <li><b>2. Kuwait family medicine SS case writers workshop 9 June 2019</b></li> <li><b>3. Kuwait family medicine SS examiners workshop 10 June 2019</b></li> <li><b>4. Assessing difficult cases in the SS – including Physical Examination June 2019.</b></li> </ol>
	<ol style="list-style-type: none"> <li><b>1. Implementing a life support certification policy starting from the academic year 2019/2020.</b></li> <li><b>2. It is to be done in R2 and R4, in order to produce competent future family physicians.</b></li> </ol>
	<b>3. The 4th Family Medicine Review course that was held in April 2019, which was fully organized and carried out by the residents</b>
	<p><b>4. New accredited clinics were added to the training centers:</b></p> <ol style="list-style-type: none"> <li><b>1. Alsalam clinic (Hawali health area)</b></li> </ol>

	<ol style="list-style-type: none"> <li>2. Jaber Al Mubarak Clinic (Farwaniyah health area)</li> <li>3. Al Rehab Clinic (Farwaniyah Health Area)</li> <li>4. Clinics with potential trainers: <ol style="list-style-type: none"> <li>1. Ashbilia Clinic (Hawali health area)</li> <li>2. West Mishref (Hawali health area)</li> </ol> </li> </ol>
<b>2019/2020</b>	<ol style="list-style-type: none"> <li>1. 2 members from each committee were recruited to prepare them for future leadership roles</li> </ol>
	<ol style="list-style-type: none"> <li>2. Elect 2 representatives from each batch and vote for a chief representative each year</li> </ol>
	<ol style="list-style-type: none"> <li>3. Involve the chief representative in various committees: <ol style="list-style-type: none"> <li>1. Chief representative is a member in: scientific committee, postgrad committee, E-learning committee.</li> </ol> </li> <li>4. Involve residents in organizing various social activities e.g. walkathon, Ramadan qabgha ..etc</li> </ol>
	<ol style="list-style-type: none"> <li>5. Program policies and procedures were renewed to ensure continuous development.</li> </ol>
	<ol style="list-style-type: none"> <li>6. Implementation of the life support certification policy. It is done in R2 and R4, in order to produce competent future family physicians.</li> </ol>
	<ol style="list-style-type: none"> <li>7. Training centers expanded to include more centers (west mishref, Rawdha, and fintas specialized center). Centers in the process to get accreditation are: Mishref and Dasma centers</li> </ol>
	<ol style="list-style-type: none"> <li>8. Implantation of the electronic files as of 2019.</li> </ol>
	<ol style="list-style-type: none"> <li>9. The portal system for the KFMRP was up and running in January 2020. It goes official on 1st October 2020, and all reports must be submitted through it.</li> </ol>
	<ol style="list-style-type: none"> <li>10. Sick leaves will be submitted electronically through email.</li> </ol>
	<ol style="list-style-type: none"> <li>11. The concept of reflection was introduced to R1 through a ODSC. It will be integrated from 2020 onward.</li> </ol>
	<ol style="list-style-type: none"> <li>12. FMRP was honored to announce the winners of the 2020 candidates' awards. It was a great experience and an achievement for our program. The winners in each category were:</li> </ol>

	<ol style="list-style-type: none"> <li>1. <b>Family medicine award for scholarly achievement:</b> <ol style="list-style-type: none"> <li>1. <b>Wafaa Alshemeri R2</b></li> <li>2. <b>Mohammad al abduhadi R2</b></li> </ol> </li> <li>2. <b>Residents Leadership award:</b> <ol style="list-style-type: none"> <li>1. <b>Husan Abdulridha R5</b></li> <li>2. <b>Adel alsayed hashem R4</b></li> </ol> </li> <li>3. <b>Residents teacher award:</b> <ol style="list-style-type: none"> <li>1. <b>Mohammad ALebraheem R5</b></li> </ol> </li> <li>4. <b>Best Family medicine resident award:</b> <ol style="list-style-type: none"> <li>1. <b>Mohammed Bohammed R4</b></li> <li>2. <b>Mariam Alnasser R4</b></li> <li>3. <b>Batool Abdulrazzaq R2</b></li> <li>4. <b>Zainab Al sayeigh R2</b></li> </ol> </li> </ol>
	<ol style="list-style-type: none"> <li>1. <b>A walkathon was arranged and done for the first time for the residents, trainers of the KFMRP and their family members with participation from other programs. It was held on 15/2/2020 at the scientific center.</b></li> </ol>
	<ol style="list-style-type: none"> <li>2. <b>KFMRP plan for COVID-19 pandemic:</b> <ol style="list-style-type: none"> <li>1. <b>The board made sure of the safety of each training center with the following:</b> <ol style="list-style-type: none"> <li>1. <b>Triage area in all teaching centers with a nurse and a doctor present to filter all cases going into the clinic</b></li> <li>2. <b>Isolation room in all teaching centers away from the main clinics</b></li> <li>3. <b>All trainers and trainees should wear personal protective equipment during work hours</b></li> </ol> </li> <li>2. <b>Updating the KFMRP website with the latest MOH news regarding the corona virus outbreak</b></li> <li>3. <b>Rescheduling all study courses held in March and April.</b></li> <li>4. <b>All small groups teaching like SGT, Dasman courses and one to one learning is still on going.</b></li> </ol> </li> </ol>

	<p>5. Ministry and KIMS stopped all annual and emergency leaves to MOH employees until further notice</p> <p>6. Applying MOH decrees on all trainers and trainees in clinics and hospitals</p> <p>7. The Family Medicine Doctors made a video about their perspective dealing with the pandemic in their professional lives as well as how it impacted their personal lives.</p> <p style="text-align: center;"><a href="https://bit.ly/2zcpmGD">https://bit.ly/2zcpmGD</a></p> <p>8. The video was posted on the RCGP blog and generated a lot of positive reactions.</p> <p style="text-align: center;"><a href="https://rcgp-news.com/49LX-UPGM-0BJUPGK0C/cr.aspx">https://rcgp-news.com/49LX-UPGM-0BJUPGK0C/cr.aspx</a></p>
	<p>1. A New partnership engagement plan was reached and finalized with the RCGP for the next 3 years. This is a big achievement for the board as it is the first time for the body of training to get international accreditation. This agreement includes the old accreditation for the exam (since 2005), and the new accreditation for the body of training. It starts from 1/5/2020 to 31/4/2023 and is renewed every 3 years.</p>
	<p>2. The admission capacity for the board increased to 70 candidates for the year 2020.</p>
	<p>3. 8 potential trainers were accepted in the TTT program in 2020.</p>
	<p>4. Ideal training center form was updated in Feb 2020</p>
	<p>5. The curriculum was updated to include the recommendations of the RCGP in Jan 2020.</p>
	<p>6. A rotation to infectious diseases hospital was added as part of R4 training</p>
	<p>7. E Learning was starting in March 2020 for the ODSC During the COVID-19 Pandemic. Lectures will be uploaded on the site and the residents are responsible about reviewing the topics, answering the MCQ questions and participating in the Forum</p>



	<p>discussions during the allocated time. Depending on the feedback of these courses it will be upgraded and will replace the old ODSC.</p> <ol style="list-style-type: none"> <li>1. Respiratory ODSC for R1 and Dermatology Course for R3 was Held through the Discord App</li> <li>2. Weekly lecture webinars through Zoom App</li> </ol> <hr/> <ol style="list-style-type: none"> <li>1. Wellness-wellbeing committee was established in June 2020. Its purpose is to develop, deliver, evaluate and sustain a comprehensive wellness program, dedicated to the residents' overall health and wellbeing. It aims to promote a healthy work and life balance both in and outside of work by addressing how residents deal with burnout, depression and stress, and by teaching residents to pay more attention to their self-care and understand how their wellness influences the care they give their patients.</li> </ol> <hr/> <ol style="list-style-type: none"> <li>2. Started a webinar series from June 2020 on ward. It tackles topics that is essential to family medicine practice and latest guidelines</li> </ol> <hr/> <ol style="list-style-type: none"> <li>3. R4&amp;5 residents will have a role in teaching activities and this is a requirement in their monthly DOPES.</li> </ol> <hr/> <ol style="list-style-type: none"> <li>4. Graduated six new trainers from the Train the Trainer Program.</li> </ol>
<b>2020/2021</b>	<ol style="list-style-type: none"> <li>1. Planned and carried out The Family Medicine Steps Race, in November 2020- a virtual walkathon intended in the same spirit as the First Family Medicine Walkathon but with a new design to allow for social distancing in light of the continuing pandemic.</li> </ol> <hr/> <ol style="list-style-type: none"> <li>2. The Work Place Based Assessment (WPBA) committee introduced an awards system to honor outstanding Hospital Coordinators and Tutors, based on feedback from the residents regarding exemplary communication, professionalism and dedication to resident training.</li> </ol>

	<p><b>3. The Scholarly Committee was expanded to become the Scholarly and Research Committee.</b></p> <p><b>1. The head of the Scholarly and Research Committee will represent the KFMRP in the KIMS Research Committee.</b></p>
<p><b>4. Addition of three rotations to the FMRP, to enrich the residents' hospital experience.</b></p> <p><b>1. Genetic Medicine (1 week during Pediatric Rotation in PGR1)</b></p> <p><b>2. Infectious Diseases (2 weeks in PGR4)</b></p> <p><b>3. Geriatrics Medicine (2 weeks in PGR4)</b></p> <p><b>5. New objectives were set for the palliative rotation to ensure better quality of teaching.</b></p>	
<p><b>6. Graduated eight new trainers from the Train the Trainer Program.</b></p>	
<p><b>Increased admission vacancies to 80 candidates</b></p>	
<p><b>7. Established an honorarium criterion for the residents</b></p>	
<p><b>8. Established "best trainers award"</b></p> <p><b>1. A set criterion was made by WPBA to choose the best trainer.</b></p> <p><b>9. Distributed in January 2021</b></p>	
<p><b>1. Residents started cervical smear campaign as an early detection of cervical cancer</b></p>	
<p><b>10. Accepted 80 candidate in 2021</b></p>	
<p><b>11. 21 candidates graduated</b></p>	
<p><b>12. The establishment of residents' portfolio for each rotation.</b></p>	
<p><b>13. A total of 10 candidates were accepted as potential trainers for the TTT program in this year . Total number of potential trainers in 2021 is 19.</b></p>	
<p><b>14. Wellbeing Committee Achievements:</b></p> <p><b>1. Family medicine walkathon</b></p> <p><b>2. Virtual online Lectures: Mental health and wellbeing during COVID 19</b></p> <p><b>3. Participation in webinar on smoking cessation day</b></p>	

	<p><b>4. Survey about e-cigarette knowledge and beliefs</b></p> <p><b>15. Residents Counselling</b></p> <p><b>16. We added a new award to the residents' awards:</b></p> <p><b>1. The Hero Award:</b></p> <ol style="list-style-type: none"> <li>1. All year Residents (R1-R5)</li> <li>2. Resident who saves a life</li> <li>3. Exemplary work during and emergency situation <ol style="list-style-type: none"> <li><b>1.</b> Exemplary work under stress in disasters and crises e.g., floods, fires, bomb threats</li> </ol> </li> </ol>
<b>2021/2022</b>	17. Increased number of training centers to 41 centers
	18. Train the trainer program was condensed to 1 year after the approval of the RCGP for a better training experience
	19. New updated guidelines were done
	20. New protocols were implemented e.g., home visits, geriatrics.
	21. Operational Clinic guidelines were implemented.
	<p>22. RCGP workshops:</p> <ol style="list-style-type: none"> <li>1. Curriculum Review, Gap analysis, and future priorities</li> <li>2. Enhancing learning through assessment; optimization of WPBA</li> <li>3. Basics of Research workshop</li> </ol>
	23. Quality improvement project workshop by the RCGP to implement it by the R4 residents in 2023-2024
	<p>24. Extra-Curricular Activities:</p> <ol style="list-style-type: none"> <li>1. 2<sup>nd</sup> Family Medicine Marathon</li> <li>2. Family Medicine Doctor Day avenues booth participation to spread NCD awareness to the community</li> </ol>
25. Health and Wellness awareness calendar and residents' participation in open days e.g., cervical awareness day	

<p style="text-align: center;"><b>2022/2023</b></p>	<ol style="list-style-type: none"> <li>26. <b>Graduated seven new trainers from the Train the Trainer Program for the year 2022.</b></li> <li>27. <b>Train the trainer program was condensed to 1 year after the approval of the RCGP for a better training experience.</b></li> <li>28. <b>Under the "Train the Trainer" program, we accepted 7 candidates as potential trainers for the year 2022/2023.</b></li> <li>29. <b>28 candidates graduated from Kuwaiti Family Medicine Board in the year 2022 to be total of 514 graduates.</b></li> <li>30. <b>Total number of trainers for the year 2022 is 68.</b></li> <li>31. <b>Total number of Family medicine centers are now 46 centers and used to be 41 centers.</b></li> <li>32. <b>Quality improvement project was implemented to the R4 residents for the academic year 2022/2023.</b></li> <li>33. <b>Audit project will be assigned to R2 residents starting from the year 2022/2023</b></li> <li>34. <b>A New Portal System for the KFMRP which is highly advanced was up and running officially in October 2022.</b></li> <li>35. <b>New teaching forms (DOPS, Residents' prescribing assessment form/reflection form, Joint consultation logbook, case based discussion report, problem case discussion report, random case analysis, clinical examination evaluation form, prescribing assessment for trainers) were introduced to trainers and residents in the academic year 2022.</b></li> <li>36. <b>As part of the new agreement with the RCGP, Part II exam was changed to AKT and SS exam and the MEQ part of the exam was replaced by WPBA assessment, these changes were introduced to the batch of 2021 and will be implemented in the 2025 part II exam.</b></li> </ol>
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-  **Year 2016/2017**
-  **Year 2017/2018**
-  **Year 2018/2019**
-  **Year 2019/2020**
-  **Year 2020/2021**
-  **Year 2021/2022**
-  **Year 2022/2023**

**Family Medicine Residency Program Director  
Dr. Deena Dhubaib**